

FEDERAL UNIVERSITY LOKOJA COURSE OUTLINE		
Faculty	Education	
Department	Educational Foundations	
Course Title	Introduction to Guidance and Counselling	
Year of Study	1	
Course Code	EDU 111	
Credit Hours	2	
Contact Hours	2	
Mode of Delivery	Classroom Lectures	
Mode of Assessment		Weight %
Continuous Assessment		40%
Final Examination		60%
Total		100%
Course Lecturer(s) and Instructor(s)	Haliru Abubakar	
Course Description	Introductory course in the nature, aims, objectives of guidance and counselling in the Nigerian educational system. An examination of student's needs and problems – biological and environmental and the importance of guidance and counselling as probable measures for coping with them; such aspect of counselling and guidance – vocational, placement, orientation and evaluation, and tools for cumulative records, tests and inventories and theories uses.	
Course Objectives	<p>At the end of this course, student should be able to:</p> <ol style="list-style-type: none"> 1. Identify the basic concepts of guidance and counselling <ol style="list-style-type: none"> a. define guidance and counselling, differences between guidance and counselling, b. objectives, purposes of guidance of counselling 2. Discuss the principles of guidance and counselling. <ol style="list-style-type: none"> a. Basic principles of guidance and counselling b. Discuss the importance and the need for guidance and counselling 3. Development of guidance and counselling 	

	<ul style="list-style-type: none"> a. Problems of guidance and counselling b. Prospects of guidance and counselling 4. Relevance of guidance and counselling to Education 5. Aspects of guidance and counselling <ul style="list-style-type: none"> a. Vocational, b. Placement, c. Orientation d. Evaluation 6. Tools for cumulative records <ul style="list-style-type: none"> a. Tests and b. Inventories
Learning Outcomes	<p>At the end of this course student should be able to:</p> <ul style="list-style-type: none"> 1. Mention the basic concepts of guidance and counselling 2. define guidance and counselling, differentiate between guidance and counselling, 3. mention the objectives, purposes of guidance of counselling 4. Discuss the principles of guidance and counselling. 5 State the basic principles of guidance and counselling 6 Discuss the importance and the need for guidance and counselling 7 Discuss the development of guidance and counselling 8 Problems of guidance and counselling 9 Prospects of guidance and counselling 10 Relevance of guidance and counselling to Education 11 Aspects of guidance and counselling <ul style="list-style-type: none"> b. Vocational, b. Placement, c. Orientation d. Evaluation 12 Tools for cumulative records 13 Tests and b. Inventories
Teaching and Learning	<p>The class will meet two hours weekly for 12 weeks, class time will be used for lectures and tutorials.</p>
Detailed course content	<p>Introduction to guidance and counselling which include definitions by different authors, the difference between guidance and counselling, objectives and purpose of guidance and counselling, principles and importance. The development, problems and prospects of guidance and counselling.</p> <p>Relevance of Guidance and counselling to Education, aspects of guidance and counselling such as vocational, placement, orientation and evaluation. Then the tools for cumulative records which include test and inventories.</p>

Course Content Sequencing		
Weeks	Detailed Course Outline	Allocated Time
Week 1 & 2	Introduction to Guidance and Counselling a. Definition of guidance b. Definition of counselling c. The difference between guidance and counselling	4 hours
Week 3,4&5	Principles of Guidance and Counselling. a. Objectives of guidance of counselling b. the purpose of guidance and counselling. c. Basic principles of guidance and counselling d. Importance and the need for guidance and counselling	6 hours
Week 6 & 7	The Development of Guidance and Counselling. a. Problems of guidance and counselling b. Prospects of guidance and counselling	4 hours
Week 8	a. Relevance of guidance and counselling to Education b. Continuous assessment	2 hours
Week 9& 10	Aspects of guidance and counselling a. Vocational, b. Placement, c. Orientation d. Evaluation	4 hours
Week 11&12	Tools for cumulative records a. Tests and Inventories b. Revision	4 hours
After week 12	Examinations	

Recommended reading materials:

1. Fafunwa, A. B. (1974). *History of Education in Nigeria*. London: George Allen & Unwin.
2. Ipaye B. (1995) *Guidance and Counselling in Nigerian Schools*. Lagos Chayoobi Printers & Publishers
3. Nystul, M.S. (2009). *Introduction to counselling: Arts and Science Perspectives*. 4th Ed. Allyn and Bacon. Massachusetts.